Date: November 14, 2019

Assessment Tools of Older Adults: A Multidisciplinary Clinical Skills Workshop

On Friday, November 1, 2019, 103 students from Salisbury University and University of Maryland- Eastern Shore (UMES) gathered at the Wicomico Youth and Civic Center in Salisbury, Maryland to attend a clinical skills workshop. The objective was to learn new skills in dealing with the elderly population within an interdisciplinary education framework. The half-day workshop included students studying the disciplines of Nursing, Social Work, Physical Therapy, Nutrition and Pharmacy.

The Eastern Shore Area Health Education Center (ESAHEC), located in Cambridge Maryland, utilized funding from the University System of Maryland's Geriatric and Gerontology Education and Research (GGEAR) program at University of Maryland-Baltimore and the Johns Hopkins Geriatric Workforce Enhancement Program (GWEP) to offer this workshop free of charge to students.

Faculty from a variety of health professions programs at the 2 universities shared their expertise and experiences with the students on a variety of topics such as "Assessment of Depression and Dementia," "Substance Use Disorder in Older Adults," "Older Adults and Medications," "Integrative Approaches in Care of the Dying" and "Gait and Balance Assessment of Older Adults."

Presenters included the following:

- Mary DiBartolo, PhD, RN-BC, CNE, Professor of Nursing at Salisbury University
- Judy Jarosinski, PhD, RN, CNE, Associate Professor of Nursing at Salisbury University
- Dennis Klima, PT, MS, PhD, DPT, GCS, NCS, Associate Professor of Physical Therapy at University of Maryland-Eastern Shore.
- Kimberly van Vulpen, PhD, MSW, LCSW-C, Assistant Professor of Social Work at Salisbury University
- Nancy Rodriguez-Weller, RPh, FASCP, Assistant Professor of Pharmacy Practice and Administration at University of Maryland-Eastern Shore

The day began with a lunch, then students attended break-out sessions that addressed geriatric issues and introduced a case study. After attending three workshops of their choosing, they broke into interdisciplinary teams and dissected the case study in order to discuss the major concerns and recommend interventions that they would include in that particular patient's plan of care.

The ESAHEC wishes to thank *Encore Catering at the Civic Center*, the Wicomico Youth and Civic Center and Stacie Desautels (Event Manager) for hosting and providing a wonderful learning environment.

For more information about the ESAHEC and upcoming programs, please contact Randy Holliday, GAIT Coordinator/Lead CHW Trainer, at 410-221-2600 or rholliday@esahec.org.

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Photos and Captions Below:



Students discuss the case study



Students role play in the *Gait and Balance Assessment of Older Adults* workshop presented by Dr. Klima